

**Father Carl Arico** is a founding member and current Governing Board member of Contemplative Outreach, Ltd. Since Contemplative Outreach's beginnings in 1984, Fr. Arico has been an integral part of the organization's growth and development. As a Governing Board member, Fr. Arico considers himself as the "middle linebacker" of the organization, ready as needed to perform various duties.

Fr. Arico has traveled extensively in the United States and internationally to present workshops and direct retreats for both priests and laypeople. In addition, he has been continually involved in the enrichment of Contemplative Outreach chapters and in the conception and implementation of many of the organization's programs. Fr. Arico also oversees the production of the Contemplative Outreach Annual Conference videos and the United in Prayer video series.

Fr. Arico is honored to have known Fr. Keating since 1969 and believes wholeheartedly in the purpose of Contemplative Outreach, which Fr. Keating has outlined. As testament to his faith in the power of contemplative prayer, Fr. Arico has practiced Centering Prayer since 1975 and taught the prayer since 1978. "The growth that has taken place in Contemplative Outreach," he observes, "is a miracle of God's grace and the power of prayer."

"Father Carl is one of God's special messengers. With an uncanny precision and a down to earth humor, God has used Father Carl's teaching, counsel and presence to encourage me when I was at a low point in life. You will never forget the cadence of Father Carl's rich New Jersey baritone voice. It is evident that his words have grown wise and loving after decades resting in the silence." ~~Rev., Dr. Peter Traben Haas, pastor and author

### Why Participate?

We invite you to join in silence with the worldwide community of Contemplative Outreach as a sign of unity and peace with and for the whole human family.



#### Heart of Texas Contemplative Outreach

## 24<sup>th</sup> Annual United in Prayer Day

## With Father Carl Arico

Saturday, March 19, 2016

9am – 3pm

#### Seminary of the Southwest

Celebrate silence as a source of relationship with our Creator and with all creation.

# 24<sup>th</sup> Annual

## **United in Prayer Day**

"United in Prayer, United in Silence"

The Heart Of Texas Chapter of Contemplative Outreach invites you to join us and others around the world for the 24<sup>th</sup> annual day of prayer.

The day will include:

- Centering Prayer periods
- DVD of Father Thomas Keating
- Lectio Divina
- Catered lunch & discussion
- A visit from Father Carl Arico





Date: Saturday, March 19, 2016

Time:

9am – Registration 9:30 – United in Prayer begins 3pm - Depart

Location: Seminary of the SW 501 East 32nd Street Austin, TX 78705 Weeks Campus Center – Building 13

**Parking:** Visit this link to locate visitor parking and the Weeks Campus Center <a href="http://ssw.edu/contact-us/">http://ssw.edu/contact-us/</a>

**Cost:** A \$25 donation is suggested, payable when you register or on the day of the event (cash and check only), to support Contemplative Outreach. Any amount, however, will be appreciated.

Lunch is included.



We request that you pre-register for the day at the link below so we can plan for set up and lunch.

http://www.heartoftexas-co.org/udp

