

**The Daily Office of  
Morning and Evening Prayer**  
*Incorporating Supplemental Liturgical Materials from*

**Enriching Our Worship**  
*Prepared by the Standing Liturgical Commission 1997*

## Daily Morning Prayer

*The Officiant begins the service with one of these sentences of Scripture.*

### Opening Sentences

#### *Advent*

Arise, O Jerusalem, stand upon the height and look toward the east, and see your children gathered from west and east at the word of the Holy One. *Baruch 5:5*

Shower, O heavens, from above, and let the skies rain down righteousness; let the earth open, that salvation may spring up, and let it cause righteousness to sprout up also. *Isaiah 45:8, NRSV*

#### *Christmas*

The Word became flesh and dwelt among us, full of grace and truth. *John 1:14*

#### *Lent*

Jesus said: "If any of you would come after me, deny yourself and take up your cross and follow me." *Mark 8:34*

#### *Holy Week*

Christ Jesus, being found in human form, humbled himself and became obedient unto death, even death on a cross.  
*Philippians 2:8*

*Easter*

If anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new! *2 Corinthians 5:17*

*Occasions of Thanksgiving*

We give you thanks, O God, we give you thanks, calling upon your Name and declaring all your wonderful deeds. *Psalms 75:1*

*All Saints and Major Saints' Days*

You are no longer strangers and sojourners, but citizens together with the saints and members of the household of God. *Ephesians 2:19*

*At Any Time*

God is Spirit, and those who worship must worship in spirit and in truth. *John 4:24*

*The following Confession of Sin may then be said; or the Office may continue at once with the Invitatory.*

## **Confession**

*The Deacon or Officiant says*

Let us confess our sins to God.

*Silence may be kept.*

*Officiant and People together*

God of all mercy,  
 we confess that we have sinned against you,  
 opposing your will in our lives.  
 We have denied your goodness in each other,  
 in ourselves, and in the world you have created.  
 We repent of the evil that enslaves us,  
     the evil we have done,  
 and the evil done on our behalf.  
 Forgive, restore, and strengthen us  
 Through our Savior Jesus Christ,  
 That we may abide in your love

And serve only your will. Amen.

## **Absolution**

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

*Amen.*

*A deacon or lay person using the preceding form substitutes "us" for "you" and "our" for "your."*

## **Invitatory**

*Officiant*            O God, let our mouth proclaim your praise.

*People*              And your glory all the day long.

Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be forever. Amen.

*Except in Lent add Alleluia.*

## **Antiphons**

*In Advent*

Our God and Savior now draws near: O come let us worship.

*From the Epiphany through the Baptism of Christ, and on the Feasts of the Transfiguration and Holy Cross*

Christ has shown forth his glory: O come let us worship.

*In Lent*

Our God is full of compassion and mercy: O come let us worship.

*or this*

Today, if you would hear God's voice: harden not your hearts.

*From Easter Day until the Ascension*

Alleluia. Christ is risen. O come let us worship. Alleluia.

*On Trinity Sunday*

The holy and undivided Trinity, one God: O come let us worship.

*On other Sundays*

Christ has triumphed over death: O come let us worship.

*On other Sundays and Weekdays*

God is the Rock of our salvation: O come let us worship.

*or this*

The Holy One is in our midst: O come let us worship.

*On Psalm 63*

O God, you are my God; from break of day I seek you.

*On Psalm 67*

Let the peoples praise you, O God; Let all the peoples praise you.

*On All Saints and other Major Saints' Days*

*The bracketed Alleluias in this Antiphon are used only in Easter Season.*

[Alleluia.] Our God is glorious in all the saints: O come let us worship. [Alleluia.]

## Psalms at the Invitatory

### Venite *Psalm 95:1-7*

Come, let us sing to the Lord; \*  
 let us shout for joy to the Rock of our salvation.  
 Let us come before God's presence with thanksgiving \*  
 and raise to the Lord a shout with psalms.  
 For you are a great God; \*  
 you are great above all gods.  
 In your hand are the caverns of the earth, \*  
 and the heights of the hills are yours also.  
 The sea is yours, for you made it, \*  
 and your hands have molded the dry land.  
 Come, let us bow down and bend the knee, \*  
 and kneel before the Lord our Maker.  
 For you are our God,  
 and we are the people of your pasture and the sheep of your hand. \*  
 Oh, that today we would hearken to your voice!

### Jubilate *Psalm 100*

Be joyful in the Lord, all you lands; \*  
 serve the Lord with gladness  
 and come before his presence with a song.  
 Know this: The Lord himself is God; \*  
 he himself has made us, and we are his;  
 we are his people and the sheep of his pasture.  
 Enter his gates with thanksgiving;  
 go into his courts with praise; \*  
 give thanks to him and call upon his Name.  
 For the Lord is good;  
 his mercy is everlasting; \*  
 and his faithfulness endures from age to age.

*In place of an Invitatory Psalm, one of the following Morning Psalms may be sung or said.*

### **Psalm 63:1-8** *Deus, Deus meus*

O God, you are my God; eagerly I seek you; \*  
 my soul thirsts for you, my flesh faints for you,  
 as in a barren and dry land where there is no water.

Therefore I have gazed upon you in your holy place, \*  
 that I might behold your power and your glory.  
 For your loving-kindness is better than life itself; \*  
 my lips shall give you praise.  
 So will I bless you as long as I live \*  
 and lift up my hands in your Name.  
 My soul is content, as with marrow and fatness, \*  
 and my mouth praises you with joyful lips,  
 When I remember you upon my bed, \*  
 and meditate on you in the night watches.  
 For you have been my helper, \*  
 and under the shadow of your wings I will rejoice.  
 My soul clings to you; \*  
 your right hand holds me fast.

**Psalm 67:1-5** *Deus misereatur*

O God, be merciful to us and bless us, \*  
 show us the light of your countenance and come to us.  
 Let your ways be known upon earth, \*  
 your saving health among all nations.  
 Let the peoples praise you, O God; \*  
 let all the peoples praise you.  
 Let the nations be glad and sing for joy, \*  
 for you judge the peoples with equity  
 and guide all the nations upon earth.  
 Let the peoples praise you, O God; \*  
 let all the peoples praise you.

*In Easter Week, in place of an Invitatory Psalm, the following is sung or said. It may also be used daily until the Day of Pentecost.*

**Christ our Passover** *Pascha nostrum*

*1 Corinthians 5:7-8; Romans 6:9-11; 1 Corinthians 15:20-22*

Alleluia.

Christ our Passover has been sacrificed for us; \*  
 therefore let us keep the feast,  
 Not with old leaven, the leaven of malice and evil, \*  
 but with the unleavened bread of sincerity and truth. Alleluia.

Christ being raised from the dead will never die again; \*  
 death no longer has dominion over him.

The death that he died, he died to sin, once for all; \*  
but the life he lives, he lives to God.  
So also consider yourselves dead to sin, \*  
and alive to God in Jesus Christ our Lord. Alleluia.

Christ has been raised from the dead, \*  
the first fruits of those who have fallen asleep.  
For since by a man came death, \*  
by a man has come also the resurrection of the dead.  
For as in Adam all die, \*  
so in Christ shall all be made alive. Alleluia.

*Then follows*

### **The Psalm or Psalms Appointed**

*At the end of the Psalms is sung or said*

Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be forever. Amen.

## The Lessons

*Two lessons, as appointed, are read, the Reader first saying*

A Reading (Lesson) from \_\_\_\_\_.

*A citation giving chapter and verse may be added.*

*After the Readings, the reader may say*

Hear what the Spirit is saying to the Churches.

*People* Thanks be to God.

*Or the Reader may say* Here ends the Lesson (Reading).

*Silence may be kept after each Reading. A Canticle, is sung or said after each Reading.*

## The Prayers

*Officiant* Hear our cry, O God.

*People* And listen to our prayer.

*Officiant* Let us pray.

*Officiant and People*

Our Father in heaven,  
 hallowed be your Name,  
 your kingdom come,  
 your will be done, on earth as in heaven.  
 Give us today our daily bread.  
 Forgive us our sins  
 as we forgive those who sin against us.  
 Save us from the time of trial,  
 and deliver us from evil.  
 For the kingdom, the power,  
 and the glory are yours,  
 now and for ever. Amen.

*Then follows the Suffrages*

- V. Help us, O God our Savior;  
 R. Deliver us and forgive us our sins.  
 V. Look upon your congregation;  
 R. Give to your people the blessing of peace.  
 V. Declare your glory among the nations;  
 R. And your wonders among all peoples.  
 V. Do not let the oppressed be ashamed and turned away;  
 R. Never forget the lives of your poor.  
 V. Continue your loving kindness to those that know you;  
 R. And your favor of those who are true of heart.  
 V. Satisfy us by your loving-kindness in the morning;  
 R. So shall we rejoice and be glad all the days of our life.

*The Officiant then says the Collects*

*The Collect of the Day*

*A Collect for Sundays*

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. *Amen.*

*A Collect for Fridays*

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. *Amen.*

*A Collect for Saturdays*

Almighty God, who after the creation of the world rested from all your works and sanctified a day of rest for all your creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of your sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to your people in heaven; through Jesus Christ our Lord. *Amen.*

*A Collect for the Renewal of Life*

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. *Amen.*

*A Collect for Peace*

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. *Amen.*

*A Collect for Grace*

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. *Amen.*

*A Collect for Guidance*

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. *Amen.*

*Then one of these prayers for mission is added*

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

*or this*

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh, and hasten the coming of your kingdom; through Jesus Christ our Lord. *Amen.*

*or the following*

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*

*Here may be sung a hymn or anthem.*

*Authorized intercessions and thanksgivings may follow.*

*Before the close of the Office one or both of the following may be used*

*The General Thanksgiving*

*Officiant and People*

Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.

We bless you for our creation, preservation,  
 and all the blessings of this life;  
 but above all for your immeasurable love  
 in the redemption of the world by our Lord Jesus Christ;  
 for the means of grace, and for the hope of glory.  
 And, we pray, give us such an awareness of your mercies,  
 that with truly thankful hearts we may show forth your praise,  
 not only with our lips, but in our lives,  
 by giving up our selves to your service,  
 and by walking before you  
 in holiness and righteousness all our days;  
 through Jesus Christ our Lord,  
 to whom, with you and the Holy Spirit,  
 be honor and glory throughout all ages. Amen.

*A Prayer of St. Chrysostom*

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

*Then may be said*

Let us bless the Lord.  
 Thanks be to God.

*From Easter Day through the Day of Pentecost "Alleluia, alleluia" may be added to the versicle and response.*

*The Officiant may then conclude with one of the following*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore.  
 Amen. 2 Corinthians 13:14

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.  
 Romans 15:13

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to God from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen. Ephesians 3:20-21*

## Daily Evening Prayer

*The Officiant begins the service with one of the following sentences of Scripture*

Let my prayer be set forth in your sight as incense, the lifting up of my hands as the evening sacrifice. *Psalm 141:2*

Grace to you and peace from God our Father and from the Lord Jesus Christ. *Philippians 1:2*

Worship the Lord in the beauty of his holiness; let the whole earth tremble before him. *Psalm 96:9*

Yours is the day, O God, yours also the night; you established the moon and the sun. You fixed all the boundaries of the earth; you made both summer and winter. *Psalm 74:15-16*

I will bless the Lord who gives me counsel; my heart teaches me, night after night. I have set the Lord always before me; because he is at my right hand, I shall not fall. *Psalm 16:7-8*

Seek him who made the Pleiades and Orion, and turns deep darkness into the morning, and darkens the day into night; who calls for the waters of the sea and pours them out upon the surface of the earth: The Lord is his name. *Amos 5:8*

If I say, "Surely the darkness will cover me, and the light around me turn to night," darkness is not dark to you, O Lord; the night is as bright as the day; darkness and light to you are both alike. *Psalm 139:10-11*

Jesus said, "I am the light of the world; whoever follows me will not walk in darkness, but will have the light of life."  
*John 8:12*

*The following Confession of Sin may then be said; or the Office may continue at once with the Invitatory.*

## **Confession of Sin**

*The Deacon or Officiant says*

Let us confess our sins to God.

*Silence may be kept.*

*Officiant and People together*

God of all mercy,  
 we confess that we have sinned against you,  
 opposing your will in our lives.  
 We have denied your goodness in each other,  
 in ourselves, and in the world you have created.  
 We repent of the evil that enslaves us,  
     the evil we have done,  
 and the evil done on our behalf.  
 Forgive, restore, and strengthen us  
 Through our Savior Jesus Christ,  
 That we may abide in your love  
 And serve only your will. Amen.

## **Absolution**

Almighty God have mercy on you, forgive you all your  
 sins through the grace of Jesus Christ, strengthen you in all  
 goodness, and by the power of the Holy Spirit keep you in  
 eternal life. Amen.

*A deacon or lay person using the preceding form substitutes "us" for "you" and "our" for "your."*

## Invitatory

*Officiant*            O God, be not far from us.

*People*                Come quickly to help us, O God.

Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be forever. Amen.

*Except in Lent add Alleluia.*

*Phos hilaron*

O gracious light,  
pure brightness of the everliving Father in heaven,  
O Jesus Christ, holy and blessed!

Now as we come to the setting of the sun,  
and our eyes behold the vesper light,  
we sing your praises, O God: Father, Son, and Holy Spirit.

You are worthy at all times to be praised by happy voices,  
O Son of God, O Giver of Life,  
and to be glorified through all the worlds.

*In place of Phos hilaron one of the following Evening Psalms may be sung or said.*

### **Psalm 134** Ecce nunc

Behold now, bless the Lord, all you servants of the Lord, \*  
you that stand by night in the house of the Lord.  
Lift up your hands in the holy place and bless the Lord; \*  
the Lord who made heaven and earth bless you out of Zion.

### **Psalm 141:1-3,8ab** Domine, clamavi

O Lord, I call to you; come to me quickly; \*  
hear my voice when I cry to you.  
Let my prayer be set forth in your sight as incense, \*  
the lifting up of my hands as the evening sacrifice.  
Set a watch before the mouth, O Lord,  
and guard the door of my lips; \*  
let not my heart incline to any evil thing.

My eyes are turned to you, Lord God;\*  
in you I take refuge.

*Then follows*

### **The Psalm or Psalms Appointed**

*At the end of the Psalms is sung or said*

Praise to the holy and undivided Trinity, one God:  
as it was in the beginning, is now, and will be forever. Amen.

## The Lessons

*Two lessons, as appointed, are read, the Reader first saying*

A Reading (Lesson) from \_\_\_\_\_.

*A citation giving chapter and verse may be added.*

*After the Readings, the reader may say*

Hear what the Spirit is saying to the Churches.

*People* Thanks be to God.

*Or the Reader may say* Here ends the Lesson (Reading).

*Silence may be kept after each Reading. A Canticle, is sung or said after each Reading.*

## The Apostles' Creed

*Officiant and People together, all standing*

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

## The Prayers

*Officiant* Hear our cry, O God.

*People* And listen to our prayer.

*Officiant* Let us pray.

*Officiant and People*

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

*Then follows the Suffrages*

That this evening may be holy, good, and peaceful,  
*We entreat you, O Lord.*

That your holy angels may lead us in paths of peace and goodwill,  
*We entreat you, O Lord.*

That we may be pardoned and forgiven for our sins and offenses,  
*We entreat you, O Lord.*

That there may be peace to your Church and to the whole world,  
*We entreat you, O Lord.*

That we may depart this life in your faith and fear, and not be condemned  
 before the great judgment seat of Christ,  
*We entreat you, O Lord.*

That we may be bound together by your Holy Spirit in the communion of  
 [\_\_\_\_\_ and] all your saints, entrusting one another and all our life to  
 Christ,  
*We entreat you, O Lord.*

*The Officiant then says the Collects*

*The Collect of the Day*

*A Collect for Sundays*

Lord God, whose Son our Savior Jesus Christ triumphed over  
 the powers of death and prepared for us our place in the new  
 Jerusalem: Grant that we, who have this day given thanks for  
 his resurrection, may praise you in that City of which he is the  
 light, and where he lives and reigns for ever and ever. *Amen.*

*A Collect for Fridays*

Lord Jesus Christ, by your death you took away the sting of  
 death: Grant to us your servants so to follow in faith where  
 you have led the way, that we may at length fall asleep  
 peacefully in you and wake up in your likeness; for your  
 tender mercies' sake. *Amen.*

*A Collect for Saturdays*

O God, the source of eternal light: Shed forth your unending day upon us who watch for you, that our lips may praise you, our lives may bless you, and our worship on the morrow give you glory; through Jesus Christ our Lord. *Amen.*

*A Collect for Peace*

Most holy God, the source of all good desires, all right judgments, and all just works: Give to us, your servants, that peace which the world cannot give, so that our minds may be fixed on the doing of your will, and that we, being delivered from the fear of all enemies, may live in peace and quietness; through the mercies of Christ Jesus our Savior. *Amen.*

*A Collect for Aid against Perils*

Be our light in the darkness, O Lord, and in your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Savior Jesus Christ. *Amen.*

*A Collect for Protection*

O God, the life of all who live, the light of the faithful, the strength of those who labor, and the repose of the dead: We thank you for the blessings of the day that is past, and humbly ask for your protection through the coming night. Bring us in safety to the morning hours; through him who died and rose again for us, your Son our Savior Jesus Christ. *Amen.*

*A Collect for the Presence of Christ*

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. *Amen.*

*Then one of these prayers for mission is added*

O God and Father of all, whom the whole heavens adore:  
Let the whole earth also worship you, all nations obey you,  
all tongues confess and bless you, and men and women  
everywhere love you and serve you in peace; through Jesus  
Christ our Lord. *Amen.*

*or this*

Keep watch, dear Lord, with those who work, or watch, or  
weep this night, and give your angels charge over those who  
sleep. Tend the sick, Lord Christ; give rest to the weary, bless  
the dying, soothe the suffering, pity the afflicted, shield the  
joyous; and all for your love's sake. *Amen.*

*or the following*

O God, you manifest in your servants the signs of your  
presence: Send forth upon us the spirit of love, that in  
companionship with one another your abounding grace may  
increase among us; through Jesus Christ our Lord. *Amen.*

*Here may be sung a hymn or anthem.*

*Authorized intercessions and thanksgivings may follow.*

*Before the close of the Office one or both of the following may be used*

*The General Thanksgiving**Officiant and People*

Almighty God, Father of all mercies,  
 we your unworthy servants give you humble thanks  
 for all your goodness and loving-kindness  
 to us and to all whom you have made.  
 We bless you for our creation, preservation,  
 and all the blessings of this life;  
 but above all for your immeasurable love  
 in the redemption of the world by our Lord Jesus Christ;  
 for the means of grace, and for the hope of glory.  
 And, we pray, give us such an awareness of your mercies,  
 that with truly thankful hearts we may show forth your praise,  
 not only with our lips, but in our lives,  
 by giving up our selves to your service,  
 and by walking before you  
 in holiness and righteousness all our days;  
 through Jesus Christ our Lord,  
 to whom, with you and the Holy Spirit,  
 be honor and glory throughout all ages. Amen.

*A Prayer of St. Chrysostom*

Almighty God, you have given us grace at this time with one  
 accord to make our common supplication to you; and you  
 have promised through your well-beloved Son that when two  
 or three are gathered together in his Name you will be in the  
 midst of them: Fulfill now, O Lord, our desires and petitions  
 as may be best for us; granting us in this world knowledge of  
 your truth, and in the age to come life everlasting. Amen.

*Then may be said*

Let us bless the Lord.

*Thanks be to God.*

*From Easter Day through the Day of Pentecost "Alleluia, alleluia" may  
 be added to the preceding versicle and response.*

*The Officiant may then conclude with one of the following*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore.

*Amen. 2 Corinthians 13:14*

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. *Amen.*

*Romans 15:13*

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to God from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen. Ephesians 3:20-21*