

Introduction to MHC Program Vision, Mission, Goals, and Objectives

MHC Mission & Vision

- Vision: The vision of Seminary of the Southwest's Masters of Clinical Mental Health Counseling program is to cultivate transformation through mutuality.
- Mission: The mission of Seminary of the Southwest's Masters of Clinical Mental Health Counseling program is to prepare counselors through a social justice oriented curriculum and a spiritually integrated foundation so that they can be builders of beloved community.

Our goal is to graduate culturally and spiritually competent counseling professionals who have experienced formation and transformation in the three areas of 1) being, 2) knowing, and 3) doing. By doing this, we intend to help meet the mental health needs of diverse communities and move the counseling profession forward in the theory and practice of psychological and theological integration.

MHC Program Objectives

Through in-depth and spiritually integrated study of counseling theory and ethical practice in a multicultural society, students will experience formation and transformation in the three competency areas of Being, Knowing, and Doing:

Being- Disposition Objectives

- Students will display a professional counselor identity in relation to self, including self-awareness, openness, and a commitment to personal and spiritual wellness
- Students will display a professional counselor identity in relation to others, including character, cultural empathy, and professionalism

Knowing - Content Objectives

- Students will demonstrate knowledge of professional orientation and counselor identity, social and cultural diversity, human growth and development, career development, helping relationships, group work, assessment, research and evaluation, crisis and trauma, psychopathology, couples, parents and family systems and addiction, as well as clinical mental health counseling foundation, context and practice
- Students will demonstrate knowledge of the influence of culture, religion and spirituality on clients' and counselors' worldview

Doing- Skill Objectives

- Students will display an ability to perform the essentials tasks of a competent professional clinical mental health counselor
- Students will display a commitment to personal and spiritual practices capable of sustaining the vocation of a professional counselor